

COUNTING THE OMER (the days between Pesach and Shavuot)

Teach us to make each day count, that we may bring our heart wisdom. (Psalm 90:12)

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעוֹמֵר :

*Barúch atáh Adonái, Elohéynu Mélech ha'olám, ashér kid'shánú b'mitzvotáv,
v'tzeevánu al sfeerát ha'ómer.*

*Blessed YOU, Adonai, our God, Ruler of the universe, Who consecrates us with mitzvot
and commands us to count the (days of the) omer.*

הַיּוֹם X יָמִים (שָׁהֵם Y שָׁבָעוֹת וְ Z יָמִים) לְעוֹמֵר

Hayom X yamim laOmer (she-hem Y shavuot v'Z days la"omer)

Today is the **Xth** day of the Omer (which is **Y** weeks and **Z** days of the Omer)